



Humanity's Relationship with Food PAST, PRESENT, AND FUTURE

Presented by: Larry Canepa

Fridays, Sept. 3, 10, and 17
1 p.m. – 3:30 p.m.

ONLINE via ZOOM

Humans have always had a complicated relationship with the foods that nourish them.

Part 1, "The Spice Trade and the Age of Exploration," is a historical look at the importance of the spice trade to colonial expansion.



Part 2, "The Food Revolution," describes new advances that create a more nutritious and sustainable food system, one where food helps people heal "chronic" diseases and lead long, active lives with vitality.

Part 3 is titled "Dinner for 7.6 Billion People." The earth's population is expected to grow to 10 billion by the end of this century, but the capacity of our environment to provide space, produce food, and supply energy will be challenged as never before in our history. How will political, social, environmental, and technological advances help us feed the world? This class explores the impact of a growing world population and local, sustainable, free-trade, organic, and alternative farming, production, and manufacturing and eating around the world.



Preferred registration deadline*: August 30, 2021

*Early enrollment helps us with our planning; also, those who register by the preferred deadline will be given priority in case of over-enrollment.

Enrollment form: Humanity's Relationship with Food

Fridays, September 3, 10, and 17

VISTAS members \$18; non-members \$27

- **EITHER pay online** on our website by secure credit card through PayPal*:
<https://www.vistaslifelonglearning.org/current-courses>

*Subject to a 3% processing fee

- **OR mail this form** and your check to: VISTAS Lifelong Learning, Inc.
P.O. Box 23228, Santa Barbara CA 93121

Number of persons _____ \$ _____ Check # _____

Name(s): _____

Phone: _____ Email: _____



Chef **Larry P Canepa** is a certified culinary educator, author, researcher, food historian, lecturer on culinary topics, and director of training and development at Dinner at Eight, LLC. His innovative and engaging style incorporates food history, culinary arts, education, and “food-tainment” to create a delicious and informative food experience for adult learners.

Chef Canepa has taught for over 25 years at the International Culinary School at the Art Institute of Phoenix as well as Le Cordon Bleu, and he has presented to hundreds of enthusiasts in community organizations, museums, and libraries.



VISTAS Calendar

SUBJECT TO CHANGE; for up-to-date information, visit our website (VistasLifelongLearning.org) frequently!

Course / Event	Date(s)	Time	Venue
Annual Fall Picnic	Sunday, September 19	12:30 pm	Tucker's Grove
Nonfiction Book Club 1 / Dawn McGrew	2nd Thursday monthly	1:30 pm	Meets in a private home
Nonfiction Book Club 2 / Dawn McGrew	4th Monday monthly	1:30 pm	Via Zoom
Short History of Cryptography / Dick Norwood	Wed. Sep. 1, 8, 15, 22	10:00 am	Via Zoom
Humanity's Relationship with Food/Larry Canepa	Fri. Sep. 3, 10, 17	1:00 pm	Via Zoom
Important Economic Issues / Peter Naylor	Wed. Sep. 29, Oct. 6, Oct. 13	9:30 am	Bethany Congreg. Church
Great American Waterways / Jim Hemmer	Mon. Oct. 11, 18, 25	9:30 am	Bethany Congreg. Church
James Baldwin: In His Own Words / Denny Klos	Wed. Nov. 3, 10	9:30 am	Goleta Library
Origins of Proto-Indo-European Lang. / J. Hemmer	Mon. Nov. 8, 15	9:30 am	Goleta Library
The Story Behind Bellosguardo / John Ummel	Tues. Nov. 16	9:30 am	Venue TBD
Frayed Am. Social Safety Net / Ted Anagnoson	Mon. Nov. 22, 29, Dec. 6, 13	9:30 am	Bethany Congreg. Church
"Sounds Good! Does It Work?" / Phil Sokolove	Tues. Nov. 30, Dec. 7, 14	9:30 am	Venue TBD
Am. Criminal Law & Procedure / Pat McKinley	Wed. Dec. 1, 8, 15	9:30 am	Goleta Library