



Monday Nonfiction Book Club

(via Zoom)

Coordinated by: Dawn McGrew

1:30 p.m. – 3:30 p.m.

Fourth Monday each month, Oct. 2023 – July 2024*

First Fall 2023 meeting: Monday Oct. 23, 2023

*Our fall meetings usually start in September, but to observe holidays, there will be no meeting on September 25 or December 25, 2023.

805-967-6030
vistas@vistaslifelonglearning.org

VISTAS now offers two nonfiction book clubs. Please note that our Thursday Nonfiction Book Club, which meets in person, is fully enrolled and is not accepting new members at this time. Enrollment is still open for our **Monday (Zoom) Nonfiction Book Club**. New participants may enroll at any time during the year.

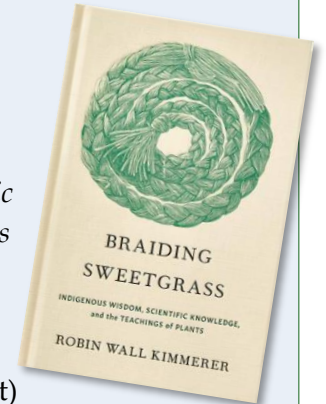


In the fall of 2020, we announced the launch of our **Monday Nonfiction Book Club**, held monthly via Zoom, and coordinated by Dawn McGrew. Membership is limited to 20 VISTAS members. (In case of over-enrollment, prospective participants will be placed on a wait-list.) Enrollees will receive a link via email before each meeting.

Books are proposed and selected at the first Fall meeting. Once complete, the selection list for the 2023–24 year will be posted on our website (www.vistaslifelonglearning.org/book-clubs).

Each month, the discussion is led by a different group member, who comes in with suggested questions (which we are all free to supplement).

The book selected for our October 23 meeting is:
Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants, by Robin Wall Kimmerer.
("A hymn of love to the world." — Elizabeth Gilbert)



Enrollment form: Monday Nonfiction Book Club (via Zoom)

Fourth Monday each month, Oct. 2023 through July 2024; first Fall meeting: Oct. 23, 2023

VISTAS members only, \$25 for the year

- **EITHER pay online** on our website by secure credit card through PayPal*:
<https://www.vistaslifelonglearning.org/current-courses>
- **OR mail this form** and your check to: VISTAS Lifelong Learning, Inc.
P.O. Box 23228, Santa Barbara CA 93121

Number of persons _____ \$ _____ Check # _____

Name(s): _____

Phone: _____ Email: _____

Coordinator: Dawn McGrew

Dawn formerly served for decades in financial and business manager positions, and she currently is the treasurer of VISTAS Lifelong Learning.

She has many interests, including traveling, spending time with family, and volunteering at other non-profits in Santa Barbara.

And of course ... she loves reading!



VISTAS Fall 2023 Calendar

SUBJECT TO CHANGE; for up-to-date information, visit our website (VistasLifelongLearning.org) frequently!

Course / Event	Date(s)	Time	Venue
Annual Fall Picnic	Saturday, September 9	12:30 pm	Tucker's Grove
Fiction Book Club / Sharon Alvarado	3rd Thursday monthly	10:00 am	Bethany Congreg. Church
Monday Nonfiction Book Club / Dawn McGrew	4th Monday monthly	1:30 pm	Via Zoom
Flight—Ups and Downs of Aviation / Bruce Phillips	Mon. Sep. 11 and 18	1:00 pm	Bethany Congreg. Church
Impact of Railroads on Am. Music / Norm Cohen	Wed. Sep. 13, 20, 27, Oct. 4	9:30 am	Bethany Congreg. Church
Legendary Foods of France and Italy / Larry Canepa	Fri. Sep. 15 and 22	10:00 am	Via Zoom
Women behind Walls / Bee Bloeser	Thur. Sep. 28	9:30 am	Bethany Congreg. Church
Rethinking Obesity / Dr. Fima Lifshitz	Tues. Oct. 3	9:30 am	Valle Verde
Money in America's Political System / Ted Anagnoson	Mon. Oct. 16, 23, 30	9:30 am	Bethany Congreg. Church
The Nature of Time / Jim Hemmer	Wed. Oct. 18	9:30 am	Bethany Congreg. Church
Pirates! / Peter Beuret	Thur. Oct. 26	9:30 am	Bethany Congreg. Church
History and Development of the Bible / Norm Cohen	Fri. Oct. 27, Nov. 3, 10, 17	9:30 am	Venue TBD
The US in the World: A Top-10 Summary / D. Stowell	Tues. Oct. 31	10:00 am	Via Zoom
Thirty-Six Years in the CIA / Heidi August	Mon. Nov. 6	9:30 am	Bethany Congreg. Church
<i>Sitting Bull: In His Own Words</i> / J. Ferry & G. DeSoto	Wed. Nov. 8	9:30 am	Valle Verde Theater
Church Music in the 16th Century / Henry Michaels	Mon. Nov. 13, 20, 27	10:00 am	Via Zoom
"The Opulent Summer" Mural / C. Garfinkle	Wed. Nov. 15	9:30 am	Bethany Congreg. Church
Combating Human Trafficking / Florrie Burke	Fri. Dec. 1, 8	9:30 am	Bethany Congreg. Church
Women Architects of S.B. / Rose Thomas	Mon. Dec. 4, 11	1:00 pm	Bethany Congreg. Church
Science Behind the Botanic Garden / S. Windhager	Wed. Dec. 6	1:00 pm	Santa Barbara Botanic Garden