



FOOD IN HISTORY

Presented by: Larry Canepa

Wednesday, November 2, 2022 ▪ 10:00 a.m. – 12 noon

ONLINE via ZOOM

805-967-6030
vistas@vistaslifelonglearning.org

Back with us by popular request is Chef Larry Canepa, with a new offering titled “Food in History, from 10,000 BCE to the 20th Century.” Chef Larry says this presentation started with an inspiring read, *Foods That Changed the Course of History*, and a visit to the Washington DC Museum of American History. He promises to share with us a world history of food from prehistoric times to the present. “Food is all about transformation,” he writes, “as is civilization.



From our primitive hunter-gatherer days to fast, processed food, food has shaped and transformed civilizations.”

For gastronomes and history buffs alike, “Food in History” will be packed with intriguing information, folklore, and fresh insights, including how food has influenced population growth and urban expansion.

----- **Registration deadline: October 30, 2022** -----

Enrollment form: Food in History

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VISTAS members \$20; non-members \$35

- **EITHER pay online** on our website by secure credit card through PayPal:
<https://www.vistaslifelonglearning.org/current-courses>
- **OR mail this form** and your check to: VISTAS Lifelong Learning, Inc.
P.O. Box 23228, Santa Barbara CA 93121

Number of persons _____ \$ _____ Check # _____

Name(s): _____

Phone: _____ Email: _____

Chef Larry P Canepa is a certified culinary educator, author, researcher, food historian, lecturer on culinary topics, and director of training and development at Dinner at Eight, LLC. Chef Canepa has taught for over 25 years at the International Culinary School at the Art Institute of Phoenix as well as Le Cordon Bleu.



Among the classes he has presented to an appreciative VISTAS audience via Zoom in recent years are “Humanity’s Relationship with Food—Past, Present, and Future” and “Foods That Changed the World.”



VISTAS Calendar

SUBJECT TO CHANGE; for up-to-date information, visit our website (VistasLifelongLearning.org) frequently!

Course / Event	Date(s)	Time	Venue
Annual Fall Picnic	Sunday, September 18	12:30 pm	Tucker’s Grove
New Fiction Book Club / Diane Wolf	3rd Thursday monthly	10:00 am	Bethany Congreg. Church
Monday Nonfiction Book Club / Dawn McGrew	4th Monday monthly	1:30 pm	Via Zoom
Vanishing Homelands / Jim Hemmer	Wed. Sept. 14, 21, 28	9:30 am	Bethany Congreg. Church
Puccini’s <i>Tosca</i> / Bob Weinman	Tues. Sep. 20	9:30 am	Via Zoom
Propositions on Nov. Ballot / Ted Anagnoson	Thurs. Sep. 22, 29	9:30 am	Bethany Congreg. Ch. + Zoom
Exodus for Atheists / Norm Cohen	Tues. Oct. 4, 11, 18	9:30 am	Montecito Covenant Church
Poliomyelitis Vaccinations / Bruce Phillips	Tues. Oct. 25	9:30 am	Montecito Covenant Ch. + Zoom
Casa del Herrero / David DeSelm & Pat Sheppard	Thurs. Oct. 27	1:00 pm	Bethany Congreg. Church
Food in History / Larry Canepa	Wed. Nov. 2	10:00 am	Via Zoom
Our Moon / Peter Beuret	Mon. Nov. 7	9:30 am	Montecito Covenant Church
Beyond Impressionism / Lori Windsor Mohr	Fri. Nov. 11	9:30 am	Bethany Congreg. Church
Pirates! / Peter Beuret	Wed. Nov. 16	9:30 am	Montecito Covenant Church
Post-Election Analysis / Ted Anagnoson	Fri. Nov. 18	9:30 am	Bethany Congreg. Ch. + Zoom
Fellini Films / Mort Weisman	Wed. Nov. 30, Dec. 7, 14, 21, 28	9:30 am	Maravilla Theater
Journey to Jordan / David DeSelm	Thurs. Dec. 1, 8	9:30 am	Bethany Congreg. Ch. + Zoom
Future Perfect / Douglas W. Stowell	Tues. Dec. 6	10:00 am	Via Zoom